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Informed Consent Document

Patient name _____

To the patient: Please read this entire document prior to signing it. It is important that you understand the information contained in this document. Please ask questions before you sign if there is anything that is unclear.

Nature of Chiropractic Adjustment

The primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy. I will use that procedure to treat you. I may use my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "crack," much like the sound of cracking one's knuckles. You may feel a sense of movement. If you do not want manipulative therapy, you need to discuss this with me or my staff.

Examples of Analysis, Examination and Treatment

- spinal manipulative therapy
- range-of-motion testing
- muscle strength testing
- basic neurology
- extremity adjusting
- orthopedic testing
- Kinesio® taping
- electrotherapy
- postural analysis
- vital signs
- palpation

Material Risks Inherent in Chiropractic Adjustment

As with any healthcare procedure, certain complications may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disk injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, skin reactions and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck, leading to or contributing to serious complications, including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

Probability of Risks Occurring

Fractures are rare occurrences and generally result from some underlying weakness of the bone, for which I will check during the taking of your history and during examination. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare.

Availability and Nature of Other Treatment Options

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs, such as anti-inflammatories, muscle relaxants and painkillers
- Hospitalization
- Surgery

If you choose to use one of the above-noted "other treatment options," you should be aware that there are risks and benefits of such options, and you may wish to discuss these with your primary medical physician.

Risks and Dangers Attendant to Remaining Untreated

Allowing a condition to remain untreated may allow the formation of adhesions and reduce mobility, which may set up a pain reaction that further reduces mobility. Over time, this process may complicate treatment, making it more difficult and less effective the longer it is postponed.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE.

Please check the appropriate box and sign below.

I have read or have had read to me the above explanation of the chiropractic adjustment and related treatments. I have discussed it with my chiropractic physician and have had my questions answered to my satisfaction. By signing below, I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to treatments mentioned previously.

Patient/Guardian name

Patient/Guardian signature

Date

Dr. Darrell Murphy

Dr. Megan Floarke

Dr. Lacey Miller

Doctor's signature

Date